

## Alum Rock Youth Center

137 N. White Rd., San José 95127

Phone: (408) 251-5757

Fax: (408) 251-4433

Supervisor: Ed Solis

Email: ed.solis@sanjoseca.gov

Bus Line: 71 and 64

**Types of programs:** Youth programs, After School recreation, leisure classes (all ages), rentals, sports leagues, and special events.

Youth Center Programs are free to youth ages 10-17 years old.

### Student Union – Open Monday-Friday 2-6pm

- College Enrichment Programs (Financial aid, college entry, and expectations)
- College Trips
- Guest Speakers and Life Skill

### Computer Lab – Open Monday-Friday 2-6pm

- Tutoring
- Homework Help
- Reading Club
- Quiet Time (3-4:30pm)

### Game Room – Open Monday-Friday 2-6pm

- Tournaments every other Thursday (Ping Pong, Pool, Air Hockey, and Foosball)
- Tournaments against other youth centers
- Field Trips

### Gym – Open gym 3-6pm

### Additional Programs offered at The Alum Rock Youth Center

- Parent Referral Resources
- Youth Intervention Referral Services
- Disability Resource
- Therapeutic Recreation Program
- Sentencing Alternatives Program

### Therapeutic Recreation

- Leisure Club East
- Creative Movement & Dance Kids
- Creative Movement and Dance Teens

## DANCE

### Ballet Beg - NEW \$45

This class is designed for beginning dance students to learn ballet. Students must wear hard soled shoes and loose clothing or leotard. All participants must be toilet trained.

*Instructor: Ms Tanya*

Course#	Day	Date	Time	Age	Mtg	Loc
289.4.202	F	4/15-6/13	11:30am-12:30pm	3-5	8	ARYC

### Ballet/Tap \$45

This class is designed for beginning dance student to learn ballet. Students must wear hard soled shoes and loose clothing or leotard. Parents are allowed to stay for the first 10 minutes of the first day of class and for the class recital. Participants must be toilet trained.

*Instructor: Dance Art Academy*

Course #	Day	Date	Time	Age	Mtg.	Loc.
289.4.201	T	4/12-5/31	12:30-1:30pm	3-6	8	AR
289.4.203	T	4/12-5/31	3:30-4:30pm	5-11	8	AR

### Hip Hop Dance \$45

Explore beginner and intermediate Hip Hop dance, music and culture through regular practice of various routines and dance techniques. Develop coordination skills, interpersonal skills, and overcome performance anxiety and of course have fun doing it.

*Instructor: Dance Art Academy*

Course #	Day	Date	Time	Age	Mtg.	Loc.
289.4.204	T	4/12-5/31	5:30-6:30pm	11+	8	AR

### Jazz/Hip Hop Dance \$45

Explore beginner and intermediate Hip Hop dance, music, and culture through regular practice of various routines and dance techniques. Develop coordination skills, interpersonal skills, and overcome performance anxiety and of course, have fun doing it.

*Instructor: Dance Art Academy*

Course #	Day	Date	Time	Age	Mtg.	Loc.
289.4.205	Th	4/14-6/2	1:30-2:30pm	3-6	8	AR

### Hip Hop Dance \$45

Have you ever watched a Pop or Hip Hop video or concert and thought to yourself I would love to learn to dances like that! Well the time is here come join the "fun" and learn the latest Hip Hop dance moves with choreography by Kenyatta. In this comfortable, fun, non-competitive setting you will learn how to count music, how to perform in front of a group, also how to dance with strong movements. This class will also build self-esteem and confidence.

*Instructor: Ali*

Course #	Day	Date	Time	Age	Mtg.	Loc.
289.4.208	T	4/12-5/31	6-6:55pm	7-13	8	AR
289.4.209	T	4/12-5/31	7-7:55pm	14-18	8	AR

## MUSIC/THEATER ARTS

### Song and Dance \$45

Students will learn dance movement and sing. Students will dance to age appropriate music. Parents are allowed to stay for the first 10 minutes of the first class day and for the recital.

*Instructor: Dance Art Academy*

Course #	Day	Date	Time	Age	Mtg.	Loc.
289.4.206	Th	4/14-6/2	12:30-1:30pm	2-4	8	AR

*Alum Rock Youth Center continues on the next page*



## SPORTS & FITNESS

### Floor Gymnastics \$45

Do you like to move? Come and learn basic gymnastics skills such as cartwheels, backbends, handstands, and more.

*Instructor: Dance Art Academy*

Course #	Day	Date	Time	Age	Mtg.	Loc.
289.4.501	T	4/12-5/31	4:30-5:30pm	5-11	8	AR
289.4.502	T	4/12-5/31	6:30-7:30pm	11+	8	AR

### Gymnastics - Parent and Tot \$45

This is a parent participation class where the parent can work with their child to stimulate development through music, games, and body awareness. Only registered participants are allowed in class.

*Instructor: Dance Art Academy*

Course #	Day	Date	Time	Age	Mtg.	Loc.
289.4.503	T	4/12-5/31	2:30-3:30pm	1.5-3	8	AR
289.4.504	F	4/15-6/3	1:30-2:30pm	1.5-3	8	AR

### Gymnastics - Tiny Tots \$45

This class is designed to teach basic gymnastics skills, including movement exploration, balance and coordination. Parents may attend 10 minutes of the first class and a performance at the last class meeting only.

*Instructor: Dance Art Academy*

Course #	Day	Date	Time	Age	Mtg.	Loc.
289.4.505	T	4/12-5/31	1:30-2:30pm	3-6	8	AR
289.4.506	F	4/15-6/3	12:30-1:30pm	3-6	8	AR

## SPRING LEAGUE

### Spring Coed Soccer League \$50

**Dates:** 3/19 - 5/7

**Ages:** 3 - 11

**Registration:** Walk-in registration beings 3/7

Our noncompetitive soccer league is design to focus on learning the basic instructions and rules while having fun! No scores or standings will be kept. Our leagues adhere to the mission and vision of the Positive Coaching Alliance. Volunteer coaches are an essential for a successful league. If interested in being a volunteer coach, please indicate on the registration form and include you T-shirt size. A big part of the sport league's success is having volunteers like you as a part of the team. Game times may vary from week to week. Cost includes T-Shirts, trophies, and a Bar-B-Q.

**Coaches Needed!** The coaches' meeting is on Wednesday March 2 at 7 pm. at Alum Rock Youth Center. The City of San José has a program through which potential volunteers with supervisory or disciplinary control over minors at recreation centers are fingerprinted. The fingerprints are then sent to the California Department of Justice and the Federal Bureau of Investigation for criminal background check. Clinic Times only

Course #	Day	Date	Time	Age	Mtg	Loc
211.4.910	Sa	3/19-5/7	9-10am	3-4	7	ARYC
211.4.911	Sa	3/19-5/7	10:30am-12pm	5-6	7	ARYC
211.4.912	Sa	3/19-5/7	1-2:30pm	7-8	7	ARYC
211.4.913	Sa	3/19-5/7	3-4:30pm	9-11	7	ARYC

### Coed Football League

**\$50**

**Dates:** 5/14-6/25

**Ages:** 3 - 11

**Registration:** Walk-in registration beings 3/7

Our noncompetitive Football league is design to focus on learning the basic instructions and rules while having fun! No scores or standings will be kept. Our leagues adhere to the mission and vision of the Positive Coaching Alliance. Volunteer coaches are an essential for a successful league. If interested in being a volunteer coach, please indicate on the registration form and include you T-shirt size. A big part of the sport league's success is having volunteers like you as a part of the team. Game times may vary from week to week. Cost includes T-Shirts, trophies, and a Bar-B-Q.

**Coaches Needed!** The coaches' meeting is on Wednesday, April 27, 2005 at 7:00 p.m. at Alum Rock Youth Center. The City of San Jose has a program through which potential volunteers with supervisory or disciplinary control over minors at recreation centers are fingerprinted. The fingerprints are then sent to the California Department of Justice and the Federal Bureau of Investigation for criminal background check. Clinic Times only

Course #	Day	Date	Time	Age	Mtg	Loc
211.4.914	Sa	5/14-6/25	9-10am	3-4	7	ARYC
211.4.915	Sa	5/14-6/25	10:30am-12pm	5-6	7	ARYC
211.4.916	Sa	5/14-6/25	1-2:30pm	7-8	7	ARYC
211.4.917	Sa	5/14-6/25	3-4:30pm	9-11	7	ARYC

### Summer Coed Soccer League

**\$50**

**Dates:** 7/9-8/13

**Ages:** 3 - 11

**Registration:** Walk-in registration beings 3/7

Our noncompetitive soccer league is design to focus on learning the basic instructions and rules while having fun! No scores or standings will be kept. Our leagues adhere to the mission and vision of the Positive Coaching Alliance. Volunteer coaches are an essential for a successful league. If interested in being a volunteer coach, please indicate on the registration form and include you T-shirt size. A big part of the sport league's success is having volunteers like you as a part of the team. Game times may vary from week to week. Cost includes T-Shirts, trophies, and a Bar-B-Q.

**Coaches Needed!** The coaches' meeting is on Wednesday June 29, 2005 at 7:00 p.m. at Alum Rock Youth Center. The City of San Jose has a program through which potential volunteers with supervisory or disciplinary control over minors at recreation centers are fingerprinted. The fingerprints are then sent to the California Department of Justice and the Federal Bureau of Investigation for criminal background check.

Clinic Times only

Course #	Day	Date	Time	Age	Mtg	Loc
211.1.918	Sa	7/9-8/13	9-10am	3-4	7	ARYC
211.1.919	Sa	7/9-8/13	10:30am-12pm	5-6	7	ARYC
211.1.920	Sa	7/9-8/13	1-2:30pm	7-8	7	ARYC
211.1.921	Sa	7/9-8/13	3-4:30pm	9-11	7	ARYC

## SUMMER SPORTS CAMPS

### Skyhawks Sports Camp **\$123**

Skyhawks sports program schedules differ depending upon the sport and the program. Consistent in each program is Skyhawks' emphasis on building skills. Participants begin each session with exercises tailored to each sport. Breaks are given throughout the day. Follow a lunch or snack break, participants apply their developing skills with games, fun activities and small team scrimmages. Each participant must bring lunch, snack appropriate shoes, water bottle and sunscreen. In addition, baseball participants must provide a glove; MiniHawk and soccer participants must provide shin guards. All camps are held at Alum Rock Youth Center.

### Soccer Camp

Course #	Day	Date	Time	Age	Mtg	Loc
210.1.901	M-F	6/20-6/24	9am-3pm	6-14	5	ARYC

### Basketball Camp

Course #	Day	Date	Time	Age	Mtg	Loc
210.1.902	M-F	6/27-7/1	9am-3pm	7-14	5	ARYC
210.1.903	M-F	8/8-8/21	9am-3pm	7-14	5	ARYC

### Mini Hawks : Multi Sports **\$99**

Course #	Day	Date	Time	Age	Mtg	Loc
210.1.904	M-F	6/13-6/17	9am-12pm	4-7	5	ARYC

## SPECIAL EVENTS

### Annual Cinco De Mayo Celebration

May 4, 2005 • 4-7:00pm

### Spring Fling Egg Hunt

March 19, 2005 • 11am-2pm

## EARLY CHILDHOOD RECREATION

*Please read the ECR on page 48.*

If you sign up for the whole series of Fun with number, colors, ABC's there will be a \$5.00 discount.

### Fun With Numbers - NEW **\$45**

Participants will be introduced to numbers, by various activities such as songs, games, and art projects. This class is recreation only. It is not a licensed day care program. Child must be toilet trained.

*Instructor: Ms. Maggie*

Course#	Day	Date	Time	Age	Mtg	Loc
289.4.300	M	4/11-6/6	12:15-1:15pm	2.5-4	8	ARYC

### Fun With Color - NEW **\$45**

Participants will be introduced to colors with various activities such as art project, games, and songs. This class is recreation only. It is not a licensed day care program. Child must be toilet trained.

*Instructor: Ms. Maggie*

Course#	Day	Date	Time	Age	Mtg	Loc
289.4.301	W	4/13-6/1	12:15-1:15pm	2.5-4	8	ARYC

### Fun With ABC's - NEW **\$45**

Participants will be introduced to their ABC's with various activities such as art project, games, and songs. This class is recreation only. It is not a licensed day care program. Child must be toilet trained.

*Instructor: Ms. Maggie*

Course#	Day	Date	Time	Age	Mtg	Loc
289.4.301	Th	4/14-6/2	12:15-1:15pm	2.5-4	8	ARYC

### Fun With Paint - NEW **\$40**

Participant will have fun experimenting with paint using there hand and paint brushes. Children need to wear clothing that will get messy. This is recreation only. It is not a licensed day care program Child must be toilet trained.

*Instructor: Ms. Maggie*

Course#	Day	Date	Time	Age	Mtg	Loc
289.4.301	T	4/15-6/3	12:15-1:15PM	2.5-4	8	ARYC

## THERAPEUTIC RECREATION

### Leisure Club East **\$50**

This club is a leisure education program designed to develop leisure awareness interests and social skills for individuals with developmental disabilities. Individuals must be able to understand simple directions and require minimal supervision. Snacks will b provided.

Course#	Day	Date	Time	Age	Mtg.	Loc.
263.4.808	T	4/21-5/31	7-8:30pm	18+	8	ARYC

### Creative Movement & Dance Kids **\$45**

A fun movement class that develops coordination, attention span and gross motor movement skills for children with disabilities.

*No Class 3/31*

*Instructor: Palmer*

Course#	Day	Date	Time	Age	Mtg.	Loc.
263.4.805	Th	3/10-4/28	7:15-8pm	5-12	7	AR

### Creative Movement & Dance Teens **\$45**

A fun movement class that develops coordination, attention span and gross motor movement skills for Teens with disabilities.

*No Class 3/31*

*Instructor: Palmer*

Course#	Day	Date	Time	Age	Mtg.	Loc.
263.4.806	Th	3/10-4/28	8:15-9pm	13-18	7	AR

*Alum Rock Youth Center continues on the next page*



## CAMPS

### Spring Day Camp - NEW

**\$65**

This program consist of one week session. Each participant will enjoy a structure program consisting of arts & crafts, sports, games and much more. Each participant needs to bring a bag lunch every day. This program is recreational in nature and is not a licensed day care. SPACE IS LIMITED TO 50 PARTICIPANT. Note: trip days may begin earlier and/ or end slightly later. A notice will be sent home with campers. Extended hour will be available from 8 to 10am and 4 to 6pm for an additional cost of \$30 per participant. NO PROGRAM ON THURSDAY MARCH 31 CITY HOLIDAY.

Course#	Day	Date	Time	Age	Mtg	Loc
289.4.900	MTWF	3/28-4/1	10am-4pm	6-12	9	ARYC

### Summer Day Camp - NEW

**\$125**

This program consists of four (4) two week sessions. Each participant will receive a camp t-shirt, free admission and transportation for all trips, and a "Session Memory Book". Camper will enjoy a structured program consisting of arts & crafts, sports, games and each week will consist of a theme. Each participant needs to bring a bag lunch every day. This program is recreational in nature and is not a licensed day care. SPACE IS LIMITED TO 50 PARTICIPANT PER SESSION. Note: trip days may Begin earlier and/ or end slightly later. A notice will be sent home with campers. NO PROGRAM ON MONDAY JULY 4, CITY HOLIDAY.

Course#	Day	Date	Time	Age	Mtg	Loc
289.4.901	M-F	6/27-7/8	10am-4pm	6-12	9	ARYC
289.4.902	M-F	7/11-7/22	10am-4pm	6-12	10	ARYC
289.4.903	M-F	7/25-8/5	10am-4pm	6-12	10	ARYC
289.4.904	M-F	8/8-8/19	10am-4pm	6-12	10	ARYC

### Extended Hours - NEW

**\$30**

This program is designed for working parents to have the opportunity to bring their child(ren) early before camp and pick them up after work. Children will have fun playing games, relaxing, meeting new friends, and much more. NO PROGRAM ON MONDAY JULY 4, 2005 CITY HOLIDAY.

Course#	Day	Date	Time	Age	Mtg	Loc
289.4.905	M-F	6/27-7/8	8-10am	6-12	9	ARYC
289.4.906	M-F	6/27-7/8	4-6pm	6-12	10	ARYC
289.4.907	M-F	7/11-7/22	8-10am	6-12	10	ARYC
289.4.908	M-F	7/11-7/22	4-6pm	6-12	10	ARYC
289.4.909	M-F	7/25-8/5	8-10am	6-12	10	ARYC
289.4.910	M-F	7/25-8/5	4-6pm	6-12	10	ARYC
289.4.911	M-F	8/8-8/19	8-10am	6-12	10	ARYC
289.4.912	M-F	8/8-8/19	4-6pm	6-12	10	ARYC

*The City of San José continues to face a significant budget deficit. Classes and activities published in this Activity Guide may change and/or be cancelled as a result. We apologize for any inconvenience this may cause.*

## Alviso Community & Youth Center

**5040 North First St., San José 95002**
**Phone:** 408-586-7624

**Fax:** 408-262-0663

**Supervisor:** Jane Hemeon

**Email:** jane.hemeon@sanjoseca.gov

**Bus Lines:** 58

**Types of Programs:** Adult sports, youth programs, senior nutrition, and special events.

**Mail Registration to:** 3050 Berryessa Rd. San José, CA 95132

## EARLY CHILDHOOD RECREATION

*Please read the ECR Policy on page 48.*

### Rise and Shine Tiny Tots

This class emphasizes age appropriate activities, which may include crafts, stories, drama, music, and games used to develop socialization skills, hand/eye coordination, and motor skills. Each child must have a parent provide snacks for one class during the session. Child must be toilet trained. Food will be provided for cooking projects.

*No Class 5/30*
*Instructor: TBA*
**\$90**

Course#	Day	Date	Time	Age	Mtg.	Loc.
293.4.302	M/W	4/11-6/1	1-3pm	2-5	15	AYC
293.4.303	T/Th	4/12-6/2	9-11am	2-5	16	AYC

**\$130**

Course#	Day	Date	Time	Age	Mtg.	Loc.
293.4.301	M/W	4/11-6/1	9am-12pm	2-5	15	AYC

**\$140**

Course#	Day	Date	Time	Age	Mtg.	Loc.
293.4.304	T/Th	4/12-6/2	12-3pm	2-5	16	AYC

## SPORTS & FITNESS

### Cheerleading

**\$40**

This energetic class will get you up and going. Learn the latest Cheerleading moves and put together a cheer routine. Improve your Coordination and balance while having fun. Level 1 for ages 5-12yrs. Level 2 for ages 13+

*No Class 5/30*
*Instructor: Camp Carter Intl.*

Course #	Day	Date	Time	Age	Mtg.	Loc.
293.4.500	M	4/11-6/6	5:30-6:30pm	5-12	8	AYC